

SISKIYOU COUNTY YOUTH RESOURCES

CRISIS HOTLINES

CA Youth Crisis Line (CYCL)

“The California Youth Crisis Line operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement. We do not provide advice. We listen with compassion.”

Contact: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified: 02/05/2025

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Contact: (800) 786-2929

Text: 66008

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/05/2025

DOMESTIC VIOLENCE & ABUSE RESOURCES

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 02/05/2025

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 02/05/2025



Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

Contact: (866) 488-7386

Text: START to 678678

Website: <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 02/05/2025

SISKIYOU COUNTY YOUTH RESOURCES

EDUCATION & EMPLOYMENT

California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

Last Verified On: 02/05/2025

FAMILY RESOURCE CENTERS

Butte Valley Community Resource Center

“The Butte Valley Community Resource Center (BVCR) is the result of the needs and the collaboration among the local stakeholders to provide services and opportunities for our fellow community members in Dorris and the surrounding Butte Valley.”

Location: 111 W. Third Street
Dorris, CA 96023

Contact: (530) 397-2273

Website:

<https://www.facebook.com/buttevalleycommunitycenter/>

Last Verified On: 02/05/2025

Dunsmuir Community Resource Center

Location: 5840 Suite A Dunsmuir Avenue
Dunsmuir, CA 96025

Contact: (530) 235-4400

Website: <https://first5siskiyou.org/family-and-community-resource-centers-projects/dunsmuir/>

Last Verified On: 02/05/2025

The HUB Communities Family Resource Center

“The HUB Communities Family Resource Center is centrally located within the 10 rural “frontier” communities known as Shasta Valley. Our main office is located in downtown Montague. Our mission is to empower individuals and families by providing services, resources, and referrals, while celebrating the diversities and strengths unique to each community.”

Location: 310 S. 13th Street
Montague, CA 96064

Contact: (530) 459-3481

Website:

<https://www.facebook.com/FamilyResourceCenterMontague/>

Last Verified On: 02/05/2025

SISKIYOU COUNTY YOUTH RESOURCES

FAMILY RESOURCE CENTERS, continued

Happy Camp Community Center

“Our current programs include First 5 Play Groups, the Happy Camp Farmers Market, CalFresh Outreach & Application Assistance, MHSA Youth Groups, MHSA Open Access and Referrals, Veterans services, Medical Equipment Loan Program and USDA Food Commodity Distributions.”

Location: 38 Parkway Road
Happy Camp, CA 96039

Contact: (530) 493-5117

Website:

<https://www.facebook.com/happycampcc/>

Last Verified On: 02/05/2025

Family and Community Resource Center of Weed

Location: 260 Main Street
Weed, CA 96094

Contact: (530) 938-9914

Website:

<https://www.facebook.com/FCRCWeed/>

Last Verified On: 02/05/2025

Mt. Shasta Community Resource Center

“We offer an array of services and support to improve the lives of individuals, children, youth, families and older adults in our communities. We believe healthy individuals and families create healthy communities!”

Location: 109 E. Lake Street
Mt. Shasta, CA 96067

Contact: (530) 926-1400

Website:

<https://www.facebook.com/mscrc109/>

Last Verified On: 02/05/2025

Scott Valley Family Resource Center

“Our mission is to be a community-based organization dedicated to strengthening the community by enriching and empowering its individuals and families.”

Location: 11920 Main Street
Fort Jones, CA 96032

Contact: (530) 468-2450

Website:

<https://www.facebook.com/scottvalleyfamilyresourcecenter/>

Last Verified On: 02/05/2025

Tulelake/Newell Family Resource Center

“We offer a variety of services such as adult and child mental health services, health and nutrition promotion programs, services for seniors, resource and referrals, and volunteer opportunities.”

Location: 810 Main Street
Tulelake, CA 96134

Contact: (530) 667-2147

Website:

<http://www.teachinc.org/pdf/FRCBrochure.pdf>

Last Verified On: 02/05/2025

Yreka Community Resource Center

Location: 201 S. Broadway
Yreka, CA 96097

Contact: (530) 842-1313

Website:

<https://www.facebook.com/yrekacommunityresourcecenter/>

Last Verified On: 02/05/2025

SISKIYOU COUNTY YOUTH RESOURCES

FOSTER AND KINSHIP SUPPORT SERVICES

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/05/2025

MENTAL HEALTH SERVICES

Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 02/05/2025

CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

Website: <https://solunaapp.com/>

Last Verified On: 02/05/2025

SISKIYOU COUNTY YOUTH RESOURCES

PHONE / APP SUPPORT

Actively Moving Forward – Heal Grief App

“The AMF Heal Grief App provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss, in a way young adults communicate best, digitally, and 24/7. All through the App, community members have access to facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor.”

Website: <https://healgrief.org/amf-app/>

Last Verified On: 02/05/2025

All-Options

“Uses direct service and social change strategies to promote unconditional, judgment-free support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.”

Talkline: (888) 493-0092

Last Verified On: 02/05/2025

BE STRONG APP

“The Be Strong APP unites power with choice that saves & changes lives. You’ll find resources, support, intervention and best practices on combatting many adversities by increasing resilience, supporting you in emotional, behavioral and everyday challenges. If you or those you know are struggling with hunger, housing, escaping violence, mental health and more...help is at your fingertips.”

Contact: (954) 246-5807

Email: <https://bestrong.global/#contact>

Website: <https://bestrong.global/#download-app>

Last Verified On: 02/05/2025

SISKIYOU COUNTY YOUTH RESOURCES

MENTAL HEALTH SUPPORT SERVICES

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities.”

Website: <https://safespace.org/>

Last Verified On: 02/05/2025

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

Last Verified On: 02/05/2025

Talk About Grief

“Virtual Grief Support Group. Many children have a hard time grieving the loss of someone close to them. Community Hospice offers resources for children and teens no matter where they are on their grief journey to help ease the pain...Our Child Grief Support Programs supports children and teens who are grieving the death of someone close to them and are offered free of charge. Through the Child Grief Support Programs at Community Hospice, grieving children and teens are able to share their story about their loss, learn healthy ways to cope, and connect with other children and teens that have had similar losses.”

Contact: (209) 578-6300

Website: <http://heal.hospiceheart.org/youth-support/>

Last Verified On: 02/05/2025

SUPPORT SERVICES

Alyssa Araiza Wings of Angels Organization

“Committed to aiding families who have children suffering with pediatric cancer or life threatening illness by providing unique support in ways other organizations do not. Families served live in Shasta, Siskiyou, Trinity, Lassen, and Modoc counties in Northern California.”

Location: 6907 Weeks Road
Redding, CA 96002

Contact: (530) 378-2373

Website: <https://www.aawoa.com/>

Last Verified: 02/05/2025