



SHASTA COUNTY SENIOR RESOURCES



**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

ADULT PROTECTIVE SERVICES

Shasta County Adult Protective Services

“Is committed to helping seniors (65 and older) and dependent adults (ages 18-64) live in a safe environment free from abuse and exploitation. APS investigates, intervenes and provides services to those who are unable to protect their own interests or to care for themselves. Social workers investigate allegations of abuse, neglect, exploitation and abandonment, and also help provide information and referrals for housing, food, clothing and case management.”

Location: 2640 Breslauer Way
Redding, CA 96001

24/7 Adult Protection Hotline: (530) 225-5798

Website:

https://www.co.shasta.ca.us/index/hhsa_index/Health_and_Safety/adult_protective_services.aspx

Last Verified On: 6/01/2020

ADULT DAY PROGRAMS

Connected Living

“Adult Day Program (ADP) is a non-medical adult day service, to provide care to adults with physical and/or cognitive impairments who require personal care services, protective supervision or assistance in activities of daily living on less than a 24-hour basis. Services include therapeutic activities tailored to the individual's abilities; nutrition services; basic health monitoring; transportation coordination; and respite and support for families.”

Location: 200 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/adult-day-services/adult-day-health-care/>

Last Verified On: 6/01/2020



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CAREGIVER SUPPORT SERVICES

Mountain Caregivers Resource Center

“Passages help caregivers and older adults by providing and supporting the critical services and community resources they need. The majority of the services we provide are free of charge. We match individual needs to existing community services so our clients may experience a better quality of life.”

Location: 916 E. Cypress Avenue, Suite 300
Redding, CA 96002

Contact: (530) 221-1900

Website: <http://www.passagescenter.org>

Last Verified On: 6/01/2020

PSA 2 Area Agency on Aging

“A Joint Powers Agency providing aging and adult services in Lassen, Modoc, Shasta, Siskiyou and Trinity Counties.”

Location: 208 West Center Street
Yreka, CA 96097

Contact: (530) 842-1687

Website: <http://www.psa2.org>

Last Verified On: 6/01/2020

IN-HOME SUPPORTIVE SERVICES (IHSS)

Shasta County In-Home Supportive Services

“In-home supportive services are available for people who are aged, blind or disabled, cannot perform activities of daily living and cannot remain safely in their own homes without help. We work with local caregivers to ensure that these people are able to remain in familiar surroundings – safely, comfortably and with as much independence as possible.”

Location: 2615 Breslauer Way, Building 5
Redding, CA 96001

Contact: (530) 225-5507

Website:

https://www.co.shasta.ca.us/index/hhsa_index/Disability_resources/In_hm_supportive_serv.aspx

Last Verified On: 6/01/2020



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LEGAL SERVICES

Legal Services of Northern California

“Serving low-income clients in the following five counties: Lassen, Modoc, Shasta, Siskiyou, Tehama.”

Location: 1370 West Street
Redding, CA 96001

Contact: (530) 241-3565

Toll Free: (800) 822-9687

Website: <https://lsnc.net/office/redding>

Last Verified On: 6/01/2020

Family Law Facilitators Office/Self-Help

“The Self Help Center can help you with responding to questions and providing you with information regarding processes and the appropriate forms.”

Location: 1500 Court Street, Room 115
Redding, CA 96001

Contact: (530) 245-69001

Website: <http://www.shastacourts.com/Self-Help/self-help.shtml>

Last Verified On: 6/01/2020

PALLIATIVE CARE & HOSPICE

Mercy Hospice

“Hospice care focuses on the patient and highlights the quality rather than the length of life. Hospice nurses help their patients to continue an alert, pain-free life and to manage other symptoms so that their last days may be spent with dignity and quality, surrounded by their loved ones.”

Website: <https://www.dignityhealth.org/north-state/locations/mercy-redding/services/hospice>

Mercy Hospice

Location: 1544 Market Street
Redding, CA 96001

Contact: (855) 717-0400

Last Verified On: 6/01/2020

St. Elizabeth Hospice

Location: 1425 Vista Way
Red Bluff, CA 96080

Contact: (855) 644-6715

Last Verified On: 6/01/2020

SUPPORT HOTLINES

Institute on Aging – Senior Intervention hotline

“The Friendship Line” non-emergency support calls

Contact: 1-800-971-0016

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 06/01/2020

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 12/23/2020



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SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 12/23/2020

SENIOR MEALS

Connected Living - Meals on Wheels

“The program provides nutritious meals served Monday through Friday to seniors aged 60 or older who are homebound due to an illness or physical disability and have no one to prepare a meal for them. Frozen meals are available for those who need weekend meals or live outside the local routing areas. The meals are approved by a registered dietician and meet 1/3 of the recommended daily dietary allowance.”

Contact: (530) 226-3061

Website: <https://www.dignityhealth.org/north-state/locations/connected-living/services/nutrition/meals-on-wheels>

Last Verified On: 6/01/2020