



# SHASTA COUNTY FOOD RESOURCES



## CALFRESH PROGRAMS

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### CalFresh

Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.

**Contact:** (877) 328-9677

**Website:**

<https://www.co.shasta.ca.us/index/hhsa/financial-help/calfresh>

Last Verified: 02/13/2025

### Disaster Supplemental Nutrition Program (DSNAP)

"If you're a current SNAP client, you can request a supplement when your state operates a D-SNAP... The supplement brings your benefits up to the maximum for your household size. This way benefits are equal between D-SNAP and SNAP households after a disaster."

**California Contact:** (877) 847-3663

**Website:**

<https://www.disasterassistance.gov/get-assistance/forms-of-assistance/5769>

Last Verified On: 02/13/2025

## FARMERS' MARKETS

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### Certified Farmers Markets

"To provide professional services that support and contribute to a safe, abundant, quality food supply; environmentally sound agricultural practices; and an equitable marketplace for California agriculture."

**Website:**

<https://www.cdfa.ca.gov/is/docs/CurrentMrktsCounty.pdf>

Last Verified On: 04/25/2024



# SHASTA COUNTY FOOD RESOURCES

## FOOD PROGRAMS

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### **Connected Living – Commodity Distribution**

“For low or no income families in Shasta County, not just seniors. Please call for more information and additional site locations in Burney, Cottonwood, Happy Valley, Lakehead, Round Mountain, Shasta Lake and Shingletown. No fee. Drive-thru pick up only.”

**Location:** 100 Mercy Oaks Drive  
Redding, CA 96003

**Contact:** (530) 226-3071

Last Verified On: 02/13/2025

### **Connected Living – Meals on Wheels Program**

**Location:** 200 Mercy Oaks Drive  
Redding, CA 96003

**Contact:** (530) 223-6034

**Toll Free:** (855) 844-6495

**Website:**

<http://connectedlivingnorthstate.org/meals/meals-on-wheels/>

Last Verified On: 02/13/2025

### **USDA – Summer Meals Site Finder**

**Website:** <https://usda-fns.maps.arcgis.com/apps/webappviewer/index.html?id=83b4d15211ed491a8ad5104291e601d2>

Last Verified On: 02/13/2025

### **Connected Living - Brown Bag Distribution**

“The food distribution is for seniors aged 60 years or older and income qualified. Please call for more information and additional site locations in Burney, Cottonwood, Happy Valley, Lakehead, Round Mountain, Shasta Lake and Shingletown. Drive-thru pick up only.”

**Contact:** (530) 226-3071

**Website:**

<https://www.reddingseniorsource.com/food-distribution-pick-up>

Last Verified On: 02/13/2025

## FOOD BANKS

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### **Fall River Mills Community Food Pantry**

**Location:** 44203 St Hwy 299 East  
McArthur, CA 96028

**Contact:** (530) 336-5231

**Website:** <https://m.facebook.com/Fall-River-Community-Food-Pantry-106004841724405/>

Last Verified On: 02/13/2025

### **Connected Living Food Bank**

**Location:** 200 Mercy Oaks Drive  
Redding, CA 96003

**Contact:** (530) 223-6034

**Toll Free:** (800) 400-6446

**Website:** <https://www.dignityhealth.org/north-state/locations/connected-living/services/food-assistance-for-seniors-living-in-the-redding-area/food-bank>

Last Verified On: 02/13/2025



# SHASTA COUNTY FOOD RESOURCES

## FOOD BANKS, Continued

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### Shasta Lake Community Food Pantry

**Location:** 1501 McConnell Ave.

Shasta Lake City, CA 96019

**Contact:** (530) 275-8052 or (530) 275-3568

**Website:**

[https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43\\_0](https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43_0)

Last Verified On: 02/13/2025

### Grassroots Emergency Food Closet

**Location:** Black Butte Elementary School,  
Room 19

7752 Pondarosa Way  
Shingletown, CA 96088

**When:** 2<sup>nd</sup> Monday of the month

**Time:** 9:30 a.m. – 10:30 a.m.

**Contact:** (530) 474-4220

Last Verified On: 02/13/2025

## FOOD AND EMERGENCY ASSISTANCE PROGRAMS

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### Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

**Location:** 2979 East Center Street  
Anderson, CA 96007

**Contact:** (530) 365-4220

Last Verified On: 02/13/2025

### Living Hope Ministries

“Food cooperative. Call for program details & hours due to frequent changes.”

**Location:** 3391 West Street  
Redding, CA 96001

**Contact:** (530) 243-8066

**Website:** <http://www.livinghoperedding.com/>

Last Verified On: 02/13/2025

## COMMUNITY MEALS & SOUP KITCHENS

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### Good News Rescue Mission

“We believe everyone deserves a second chance and that no one is beyond grace.”

**Location:** 2842 S. Market Street  
Redding, CA 96001

**Contact:** (530) 241-5754

**Website:** <https://gnrm.org/>

Last Verified On: 02/13/2025



# SHASTA COUNTY FOOD RESOURCES

## WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAMS

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### Women, Infants and Children (WIC)

“The Shasta County WIC program helps pregnant women, new moms and young children eat well, stay healthy and be active. With WIC you will receive: Healthy, no cost foods, Nutrition education for you and your family, Referrals to community services and information and support for breastfeeding.”

**Website:** <https://www.shastacounty.gov/health-human-services/page/women-infants-children-wic>

Last Verified On: 02/13/2025

#### McArthur WIC Office

**Location:** 44218 A Street  
McArthur, CA 96056

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025

#### Enterprise WIC Office

**Location:** 2757 Churn Creek Road, Suite B  
Redding, CA 96002

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025

#### Burney WIC Office

**Location:** 36911 Main Street  
Burney, CA 96013

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025

#### Anderson WIC Office

**Location:** 2889 E Center Street  
Anderson, CA 96007

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025

#### Shingletown WIC Office

**Location:** 7752 Ponderosa Way  
Shingletown, CA 96088

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025

#### Shasta Lake WIC Office

**Location:** 4216 Shasta Dam Boulevard  
Shasta Lake, CA 96019

**Contact:** (530) 225-5168

Last Verified On: 02/13/2025