



SHASTA COUNTY FOOD RESOURCES



Available services and resources on food, which includes farmer’s markets that accept EBT cards, food pantries, food distribution sites, emergency food sites, and more.

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

FOOD EVENT

Emergency Food Event – Sponsored by Connected Living

“Healthy food available to Redding residents who might be low income, disabled, unemployed, or older adults 60+. No applications or pre-registration necessary; drive-through or walk-up.”

Date: February 24, 2021

Time: 8:00am-10:00am

Location: IBEW Labor Hall

900 Locust Street
Redding, CA 96001

Contact: (530) 226-5721

Last Verified On: 02/11/2021

FARMERS’ MARKETS

eatFresh.org

Website: <http://eatfresh.org/county/shasta>

Last Verified On: 03/13/2020



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FOOD PROGRAMS

CalFresh

Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.

Contact: (530) 229-8400

Application: <https://www.getcalfresh.org/en>

Website:

<https://www.co.shasta.ca.us/index/hhsa/financial-help/cal-fresh>

Note: Starting June 01, 2019, people receiving Supplemental Security Income (SSI) may be eligible for CalFresh benefits.

Last Verified: 06/18/2020

Connected Living – Meals on Wheels Program

Location: 200 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/meal-s-on-wheels/>

Last Verified On: 03/13/2020

FOOD BANK

Connected Living Food Bank

Location: 200 Mercy Oaks Drive
Redding, CA 96003

Contact: (530) 223-6034

Toll Free: (800) 400-6446

Website:

<http://connectedlivingnorthstate.org/meals/food-bank/>

Last Verified On: 03/13/2020

Shasta Lake Community Pantry

Location: 1501 McConnell Ave.
Shasta Lake City, CA 96019

Contact: (530) 275-8052 or (530) 275-3568

Last Verified On: 03/13/2020

Shingletown

Grassroots Emergency Food Closet

Location: 7752 Ponderosa Way
Shingletown, CA 96088

Contact: (530) 474-4220

Last Verified On: 03/13/2020

Fall River Mills Community Food Pantry

Location: 43504 Hwy 299 E

Fall River Mills, CA 96028

Last Verified On: 03/13/2020

People of Progress

Location: 1242 Center Street

Redding, CA 96001

Contact: (530) 243-3811

Website: <https://www.peopleofprogress.org>

Last Verified On: 03/13/2020



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FOOD AND EMERGENCY ASSISTANCE PROGRAMS

Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Clothing vouchers and RABA tickets are available on a limited basis. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

Location: 2979 East Center Street
Anderson, CA 96007

Contact: (530) 604-5503
Last Verified On: 12/31/2020

Living Hope Ministries

“Food cooperative and bike repairs. (Photo ID and Social Security number required for food, but not for all services) Call for program details & hours due to frequent changes.”

Location: 1043 State Street
Redding, CA 96001

Contact: (530) 243-8066

Website: <http://www.livinghoperedding.com/>

Last Verified On: 12/31/2020

COMMUNITY MEALS & SOUP KITCHENS

Good News Rescue Mission

“At the Good News Rescue Mission, we believe everyone deserves a second chance and that no one is beyond grace.”

Location: 3100 S. Market Street
Redding, CA 96001

Contact: (530) 241-5754

Website: <https://gnrm.org/>

Last Verified On: 03/13/2020

Bethel Church/Sunday Meals for the Homeless

Contact: (530) 246-6000

Last Verified On: 03/13/2020



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WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAMS

Women, Infants and Children (WIC)

“The Shasta County WIC program helps pregnant women, new moms and young children eat well, stay healthy and be active. With WIC you will receive: Healthy, no cost foods, Nutrition education for you and your family, Referrals to community services and information and support for breastfeeding.”

Website: https://www.co.shasta.ca.us/index/hhsa_index/food_and_financial_help/wic

McArthur WIC Office

Location: 44218 A Street
McArthur, CA 96056

Contact: (530) 225-5168

Last Verified On: 03/13/2020

Enterprise WIC Office

Location: 2757 Churn Creek Road, Suite B
Redding, CA 96002

Contact: (530) 225-5168

Last Verified On: 03/13/2020

Burney WIC Office

Location: 37092 Main Street
Burney, CA 96013

Contact: (530) 225-5168

Last Verified On: 03/13/2020

Anderson WIC Office

Location: 2889 E Center Street
Anderson, CA 96007

Contact: (530) 225-5168

Last Verified On: 03/13/2020

Shingletown WIC Office

Location: 7752 Ponderosa Way
Shingletown, CA 96088

Contact: (530) 225-5168

Last Verified On: 03/13/2020

WIC Downtown Redding – Atrium Office

Location: 1670 Market Street, Suite 300
Redding, CA 96001

Contact: (530) 225-5168

Last Verified On: 03/13/2020

Shasta Lake WIC Office

Location: 4216 Shasta Dam Boulevard
Shasta Lake, CA 96019

Contact: (530) 225-5168

Last Verified On: 03/13/2020