



# SHASTA COUNTY COVID-19 RESOURCES

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## VACCINES

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### COVID-19 Vaccine Distribution

“During this time of limited vaccine supply, Shasta Public Health will distribute the vaccine over three phases. As of Jan 25, 2021, Shasta County is vaccinating people in Phase 1a, Tiers 1-3 and Phase 1b, Tier 1. Please visit their website for more information.”

**Website:** <https://www.co.shasta.ca.us/ready/covid-19/vaccinations>

Last Verified On: 02/05/2021

## COVID-19 VACCINE INFORMATION

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### California Department of Public Health – My Turn

“Find out if it’s your turn by answering a few questions. It only takes a few minutes. If you’re eligible and vaccine appointments are available through My Turn, you can schedule one.”

**Website:** <https://myturn.ca.gov/>

Last Verified On: 02/05/2021

## COVID TESTING SITES

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### Get Tested

“Testing is available with and without symptoms”

**Website:** [https://www.co.shasta.ca.us/docs/libraries/shasta-ready-docs/covid-19/testing-sites-12-15-20.pdf?sfvrsn=675cf589\\_9](https://www.co.shasta.ca.us/docs/libraries/shasta-ready-docs/covid-19/testing-sites-12-15-20.pdf?sfvrsn=675cf589_9)

### Anderson Walk-In Clinic

“Covid-19 testing center. Appointment required. Turnaround time 2-3 days”

**Location:** 3082 McMurry Drive  
Anderson, CA 96007

**Contact:** (530) 365-4412

**Website:**

<https://andersonwalkinmedicalclinic.com/>

Last Verified On: 02/05/2021

### Cypress Avenue VA Clinic

“Covid-19 testing center. Appointment and referral required”

**Location:** 760 Cypress Ave Suite 100  
Redding, CA 96001

**Contact:** (530) 244-8800

Last Verified On: 02/05/2021

### Churn Creek Health Care

“Covid-19 testing center. Appointment required. Turnaround time 3-8 days”

**Location:** 3184 Churn Creek Road  
Redding, CA 96002

**Contact:** (530) 768-2436

Last Verified On: 02/05/2021

### Mercy Family Health Center

“Testing is available for people with symptoms only.”

**Location:** 2480 Sonoma Street  
Redding, CA 96001

**Contact:** (530) 225-7800

Last Verified On: 02/05/2021



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## COVID TESTING SITES, Continued

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### Shasta County Health & Human Services

“Testing is available for people with or without symptoms.”

**Website:**

<https://www.co.shasta.ca.us/index/hhsa/office-locations>

**Contact:** (530) 225-5591

Last Verified On: 02/05/2021

### Shasta Community Health Center

“Testing is available for people with or without symptoms, for Shasta Community Health Center patients only.”

**Location:** 1035 Placer Street  
Redding, CA 96001

**Contact:** (530) 246-5710

Last Verified On: 02/05/2021

## AMERICAN SIGN LANGUAGE RESOURCES

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### Covid-19 Information and Assistance Support in American Sign Language

**Video Phone (VP):** (833) 682-763

**Hotline Online:**

[https://www.aging.ca.gov/covid19/American\\_Sign\\_Language/](https://www.aging.ca.gov/covid19/American_Sign_Language/)

Last Verified On: 02/05/2021

## CHILDREN AND FAMILIES

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### At Home Learning Resources and Activities for Kids

**Website:**

<https://www.first5sonomacounty.org/Resources-for-Parents/COVID-19/?section=20>

Last Verified On: 02/05/2021

### Free Online Events and Activities for Kids at Home

“Provide some structure and schedule to your family’s day (updated regularly)”

**Website:**

<https://www.commonsemmedia.org/blog/free-online-events-activities-kids-at-home-coronavirus>

Last Verified On: 02/05/2021

### Go Noodle

“Movement and mindfulness videos created by child development experts. Available for free at school, home, and everywhere kids are!”

**Website:** <https://www.gonoodle.com/>

Last Verified On: 02/05/2021

### Talking to Children About COVID-19 – PDF Website:

[http://d31hzhk6di2h5.cloudfront.net/20200323/ac/7f/33/fc/eff9279f0e70670742cc7cd7/Talking\\_to\\_Children\\_About\\_COVID-19\\_FINAL.pdf](http://d31hzhk6di2h5.cloudfront.net/20200323/ac/7f/33/fc/eff9279f0e70670742cc7cd7/Talking_to_Children_About_COVID-19_FINAL.pdf)

Last Verified On: 02/05/2021



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## CHILDREN AND FAMILIES, Continued

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### Shasta Cares

“North Valley catholic Social Services (NVCS), in partnership with Shasta County Health & Human Services, is providing emotional support and financial assistance to individuals and families impacted by Covid-19. (This program is a time- limited program that will end on December 30, 2020.)”

**Contact:** (530) 247-3382

**Website:**

[https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/covid-19/shasta-cares.pdf?sfvrsn=be2af289\\_2](https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/covid-19/shasta-cares.pdf?sfvrsn=be2af289_2)

Last Verified On: 02/05/2021

### Hotline for HOPE.

“Finding hope during Covid-19! Parenting during a pandemic can be difficult, but you don’t have to do it alone. Call a Parent Partner. We’re here to offer support, resources and parenting tips.”

**Contact:** (530) 710-8609

**Website:**

<https://www.co.shasta.ca.us/images/libraries/hsa-images/covid/hopehotlineflyerv2.png>

Last Verified On: 02/05/2021

## DOMESTIC VIOLENCE RESOURCES

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### National Domestic Hotline

“For anyone affected by abuse and needing support”

**Hotline:** (800) 799-7233

**TTY:** (800) 787-3224

**Text:** LOVEIS to 1 (866) 331-9474

**Website:** <https://www.thehotline.org/>

Last Verified On: 02/05/2021

### One Safe Place

“One SAFE Place is a Multi-services agency which provides legal services, safety, and emotional support to intimate partners, children, and seniors affected by domestic violence and sexual assault. Together, we will work toward a future where everyone in our community feels strong, healthy, and safe at home.”

**Location:** 2250 Benton Drive  
Redding, CA 96003

**Contact:** (530) 244-0117

**Website:** <https://ospshasta.org/>

Last Verified On: 02/05/2021



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## FINANCIAL RESOURCES

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### California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

**Contact:** (833) 422-4255

**Website:** <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 02/06/2021

## FOOD EVENT

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### Emergency Food Event – Sponsored by Connected Living

“Healthy food available to Redding residents who might be low income, disabled, unemployed, or older adults 60+. No applications or pre-registration necessary; drive-through or walk-up.”

**Date:** February 24, 2021

**Time:** 8:00am-10:00am

**Location:** IBEW Labor Hall

900 Locust Street  
Redding, CA 96001

**Contact:** (530) 226-5721

Last Verified On: 02/11/2021

## FOOD RESOURCES

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### Anderson-Cottonwood Christian Assistance, Inc.

“Provides a 3-day supply of food based on emergency needs of families. Clothing vouchers and RABA tickets are available on a limited basis. Services are for Southern Shasta County residents only. Picture ID and utility bill in your name is required.”

**Location:** 2979 East Center Street

Anderson, CA 96007

**Contact:** (530) 604-5503

Last Verified On: 02/06/2021

### CalFresh

“Benefits include: helping people buy healthy food, help families to afford healthy foods, and most stores accept Electronic Benefit Transfer (EBT) cards, issued by CalFresh.”

**Contact:** (530) 229-8400

**Website:**

<https://www.co.shasta.ca.us/index/hhsa/financial-help/calfresh>

Last Verified On: 02/05/2021

# SHASTA COUNTY COVID-19 RESOURCES

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## FOOD RESOURCES, Continued

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### **eatFresh.org**

**Website:** <http://eatfresh.org/county/shasta>

Last Verified On: 02/05/2021

### **Connected Living Food Bank**

**Location:** 200 Mercy Oaks Drive  
Redding, CA 96003

**Contact:** (530) 223-6034

**Toll Free:** (800) 400-6446

**Website:**

<http://connectedlivingnorthstate.org/meals/food-bank/>

Last Verified On: 02/05/2021

### **Connected Living – Meals on Wheels Program**

**Location:** 200 Mercy Oaks Drive  
Redding, CA 96003

**Contact:** (530) 223-6034

**Toll Free:** (800) 400-6446

**Website:**

<http://connectedlivingnorthstate.org/meals/meal-s-on-wheels/>

Last Verified On: 02/05/2021

### **Grassroots Emergency Food Closet**

**Location:** 7752 Pondarosa Way  
Shingletown, CA 96088

**Contact:** (530) 474-4220

Last Verified On: 02/05/2021

### **Fall River Mills Community Food Pantry**

“Provides food pantry for community members in need. Food distribution takes place behind Mayers Intermountain Healthcare Foundation Thrift Store Wednesdays 3:30 – 4 p.m.”

**Location:** 43504 Hwy 299 E

Fall River Mills, CA 96028

Last Verified On: 02/05/2021

### **Mayers Memorial Hospital**

“If you are over 65 years old or have a chronic condition that keeps you from going to get essentials, we can help with grocery shopping & delivery service.”

**Contact:** (530) 336-6880

Last Verified On: 02/05/2021

### **People of Progress**

“Clients who have a place to cook can receive up to 10 days’ worth of food. Clients without a place to cook or store food at the time of service are provided meals in smaller quantities that do not require cooking or refrigeration.”

**Location:** 1242 Center Street  
Redding, CA 96001

**Contact:** (530) 243-3811

**Website:** <https://www.peopleofprogress.org>

Last Verified On: 02/05/2021

### **Shasta Lake Community Pantry**

**Location:** 1501 McConnell Ave.  
Shasta Lake City, CA 96019

**Contact:** (530) 275-8052 or (530) 275-3568

**Website:**

[https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43\\_0](https://www.co.shasta.ca.us/docs/libraries/hhs-a-docs/food-and-financial-help/EmergencyFoodBrochure.pdf?sfvrsn=c12aac43_0)

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## HOUSING RESOURCES

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### California Fair Property Insurance Plan

**Location:** 3435 Wilshire Blvd. Suite 1200  
Los Angeles, CA 90010

**Contact:** (800) 252-0089

**Email:**

<https://www.cfpnet.com/index.php/contact-us/>

Last Verified On: 02/05/2021

### Tenant and Landlord Resources

“Protection Guidelines, Forms, Resources”

**Website:** <https://landlordtenant.dre.ca.gov/>

Last Verified On: 02/05/2021

## MENTAL HEALTH RESOURCES

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### Beacon Health Options

“Beacon’s system is built on a strong support structure of doctors, nurses, advocates, and mentors fulfilling members’ behavioral, physical, and social health needs.”

**Contact:** (855) 765-9703

**Website:**

<https://www.beaconhealthoptions.com/>

Last Verified On: 02/05/2021

### CalHOPE Warm Line

“Feeling stressed by Covid-19? Help is just a phone call away! CalHOPE builds community resiliency and helps people recover from disasters through free outreach, crisis counseling, and support services.”

**Contact:** (833) 317-HOPE (4673)

**Website:** <https://calhope.dhcs.ca.gov/>

Last Verified On: 02/05/2021

### NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

**Contact:** (800) 950-6264

**Text:** NAMI to 741741

**Website:** <https://www.nami.org/>

Last Verified On: 02/05/2021

### SAMHSA Disaster Distress Helpline

“SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.”

**Contact:** (800) 985-5990

**Website:** <https://www.samhsa.gov/find-help/disaster-distress-helpline>

Last Verified On: 02/05/2021



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## PET ASSISTANCE

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### **Brown Dog Foundations**

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

**Contact:** Email

[grants@browndogfoundation.org](mailto:grants@browndogfoundation.org)

**Website:** <http://www.browndogfoundation.org/>

Last Verified On: 02/05/2021

### **CDSS Assistance Dog Special Allowance Program**

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

**Contact:** 916-657-2628

**Website:** <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 02/05/2021

## RESOURCES FOR UNDOCUMENTED INDIVIDUALS

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### **I America**

“COVID-19 Resources for Immigrants”

**Website:** <https://iamerica.org/es/recursos-del-covid-19-para-inmigrantes>

Last Verified On: 02/05/2021

### **Informed Immigrant**

“Resource for Immigrants during the coronavirus crisis”

**Website:**

<https://www.informedimmigrant.com/guides/coronavirus/California>

Last Verified On: 02/05/2021

### **Help for immigrants – California for All**

“If you’re an immigrant living in California, here is what you need to know to protect yourself, your family, and your community from coronavirus.”

**Website:** <https://covid19.ca.gov/guide-immigrant-californians/>

Last Verified On: 02/05/2021

## SENIOR RESOURCES

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### **Institute on Aging – Senior Intervention hotline**

“The Friendship Line” non-emergency support calls

**Contact:** 1-800-971-0016

**Website:** <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

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## TECHNOLOGY RESOURCES

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### EveryoneOn

“We help bring low-cost internet service and affordable computers to those who need it.”

**Website:** <https://www.everyoneon.org/>

Last Verified On: 02/05/2021

### California LifeLine Program – COVID Information

**Website:**

<https://www.californialifeline.com/en/covid>

Last Verified On: 02/05/2021

## UTILITY ASSISTANCE

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### California Lifeline Program

“California LifeLine Program provides discounts on home phone and cell phone services to qualified households.”

**Contact:** 1 (866) 272-0349

**Website:** <https://www.cpuc.ca.gov/lifeline/>

Last Verified On: 02/05/2021

### PG&E CARE Program

“Discount program that helps eligible customers pay their energy bills.”

**Contact:** (866) 743-2273

**Website:**

[https://www.pge.com/en\\_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page](https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page)

Last Verified On: 02/05/2021

## VETERAN RESOURCES

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### Annie App for Veterans

“Services that sends automated text messages to Veterans to help them stay focused on their self-care.”

**Website:** [https://mobile.va.gov/app/annie-app-veterans?utm\\_source=vanityURL&utm\\_campaign=annie-app](https://mobile.va.gov/app/annie-app-veterans?utm_source=vanityURL&utm_campaign=annie-app)

Last Verified On: 02/05/2021

### Make the Connection

“Learn more about experiencing suicidal thoughts and behaviors, treatment options, and self-help tools, and resources to help you reconnect and find hope.”

**Contact:** (800) 273-8255 press1

**Website:** <https://www.maketheconnection.net/>

Last Verified On: 02/05/2021

### Connected Care

“Brings a VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit.”

**Website:** <https://connectedcare.va.gov/>

Last Verified On: 02/05/2021





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## VETERAN RESOURCES

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### **Nation's Finest**

"We are a community-based nonprofit focused on the overall wellness and reintegration of military veterans from all eras. With a primary focus on housing assistance, behavioral health treatment, and case management, we take a holistic approach to addressing the individual needs of each veteran."

**Location:** 153 Hartnell Avenue, Suite 100  
Redding, CA 96002

**Contact:** (530) 223-3211

**Website:** <http://www.vetsresource.org/vrc-redding.html>

Last Verified On: 02/05/2021

### **Veteran's My HealtheVet**

"Committed to providing high-quality care while keeping you safe from coronavirus."

**Contact:** (877) 327-0022

**Website:** <https://www.myhealth.va.gov/mhv-portal-web/home>

Last Verified On: 02/05/2021