

NAPA COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,
Please call to confirm hours and services available**

Support groups related to youth, adults, seniors, and their caregivers that are available in the county. Please contact the hosting agency for more information and meeting times

BUCKELEW PROGRAMS, SUPPORT GROUPS

Community Resource Clinic

“Buckelew Programs’ Supported Living programs in Napa assists people with serious mental illness who are homeless or at risk of homelessness or live as independently as possible. We embody the philosophy that individuals should have a home they choose, normal roles individualized adaptable services and long-term support in the most compassionate environment.”

Contact: (707) 253-2528

Last Verified On: 01/03/2023



SUBSTANCE ABUSE SUPPORT GROUPS

Napa Valley Alcoholics Anonymous

“Fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common [problem] and help other recover from alcoholism.”

Hotline: (707) 500-7001

Website: <http://www.aanapa.org/meetings>

Last Verified On: 01/03/2023

AI-Anon/AI-Teen

“Fellowship of men and women whose lives have been affected by someone else’s drinking.”

Napa Hotline: (707) 255-4900

Last Verified On: 01/03/2023

Codependents (CoDA) Anonymous Meeting – Bay Area Community Service Group

“Dedicated to everyone who struggles with issues of codependence.”

Contact: (408) 408-872-0733

Website: <http://www.sfbaycoda.net/Solano.htm>

Last Verified On: 01/03/2023

Napa/Solano Narcotics Anonymous

“The Narcotics Anonymous program deal with the nature of recovery. If you have a problem with drugs, or you are questioning whether or not you are an addict, please attend one of our meetings so you can hear other people’s experience, strength, and hope with overcoming addiction through recovery in Narcotics Anonymous. Do you think you have a problem with drugs? We may be able to help. Call us for someone to talk to or to access meetings near you.”

Contact: 1 (866)-642-3848

Website: <https://www.napasolanona.org/>

Last Verified On: 01/03/2023

UpValley Hotline: (707) 963-4673

Spanish Hotline: (707) 623-6702

Napa County Meetings: <https://sonapal-anon.org/meeting/ncounty/>

Website: <https://ncwsa.org/districts/>

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BEREAVEMENT SUPPORT GROUPS

Hospice by the Bay

Location: 190 West Napa Street
Sonoma, CA 95476

Contact: (707) 935-7504

Website: <http://hospicebythebay.org/>

Last Verified On: 01/03/2023

The Compassionate Friends of Napa Valley

Location: 3421 Villa Lane
Napa, CA 94558

Contact: (707) 258-1623

Website:

<https://www.compassionatefriends.org/chapter/tcf-of-napa-valley/>

Last Verified On: 01/03/2023

HEALTH AND WELLNESS

Aging Women’s Support Group – OLE Health

“For women ages 50 and older. The group offers emotional support with a focus on acculturation, depression, isolation, and grief and art therapy”

Location: 1141 Pear Tree Lane
Napa, CA, 94559

Contact: (707) 254-1770

When: Thursdays 2:30 pm – 3:30 pm

Website: <http://www.olehealth.org/our-services/classes-groups/>

Note: Available in Spanish only.

Last Verified On: 01/03/2023

Alzheimer’s Caregiver Support Group – Collabria Care

“Caregiver support groups”

Location: At Collabria Care
414 Jefferson St., Napa 94559

When: First Thursday of every month from 1:00 pm - 3:00 pm and

Third Wednesday of every month from 5:30 pm – 7:00 pm

Location: At Rianda House
1475 Main Street, Saint Helena, CA 94574

When: First Thursday of every month from 3:00 – 4:30 pm

Contact: (707) 258-9080

Spanish Contact: (707) 258-9087

Website: <https://collabriacare.org/caregiver-resources/caregiver-support-groups/>

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HEALTH AND WELLNESS

Cancer Support Group

“Open to individuals diagnosed with any type of cancer.”

Location: 3448 Villa Lane. Ste. 102
Napa, CA 94559

Contact: (707) 251-2000

Website: <https://www.thequeen.org/events-calendar/event-details/?Event=57>

Last Verified On: 01/03/2023

Diabetes Wellness Class – OLE Health

“For persons at risk for diabetes, currently pre-diabetes, or diagnosed with diabetes, and family members/caregivers.”

Location: 1141 Pear Tree Lane
Napa, CA 94558

Contact: (707) 254-1770

Website: <https://www.olehealth.org/our-services/classes-groups/>

Last Verified On: 01/03/2023

Living with Diabetes Support and Education Group – OLE Health

“Ongoing program for persons with pre-diabetes or diabetes and family members/caregivers. Share concerns and coping strategies and learn management techniques.”

Location: 1141 Pear Tree Lane
Napa, CA 94558

Contact: (707) 254-1770

Website” <https://www.olehealth.org/our-services/classes-groups/>

Last Verified On: 01/03/2023

LGBTQ+

LGBT Seniors Discussion Group – LGBTQ Connections

“Seniors getting together in Napa County to share important information, have lively discussion and tell our life stories.”

Location: 3448 Villa Lane, Ste. 102
Napa, CA 94558

Contact: (707) 251-9432

When: First Tuesday of every month from
10:15 am – 12:00 pm

Website: <https://www.lgbtqconnection.org/lgbt-seniors-discussion-group>

Last Verified On: 01/03/2023



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RESOURCES FOR THE BLIND

The Meadows of Napa Support Group

“Open to visually impaired seniors age 55+”

Location: The Meadows of Napa

1800 Atrium Parkway, Napa CA

Dates/Hours: Every 2nd Monday

10:00 am – 11:00 am

Contact: (707) 523-3222

Note: Schedule may change on short notice.

Please call to confirm.

Last Verified On: 01/03/2023

SUPPORT HOTLINES

Miracle Messages Buddy Program

“Miracle Friends, is a phone and text-based buddy system that matches trained volunteers with individuals experiencing homelessness for weekly phone calls and texts, to provide basic companionship and social support... Miracle Friends supports unhoused neighbors and formerly homeless senior citizens.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

Last Verified On: 01/03/2023

SUPPORT SERVICES

Miracle Messages Program

“Miracle Messages provides reunion services for individuals experiencing homelessness. A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempt to locate the loved one and deliver the message. To date, we've reunited 400+ families (average time separated: 15 years), with 15% of reunions resulting in stable housing and 80% in a positive outcome.”

Hotline: 1-800 – MISS-YOU

Website: <https://www.miraclemessages.org>

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