MENDOCINO COUNTY DISABILITIES RESOURCES

ADULT DAY PROGRAMS

Redwood Coast Senior Center – Programs for Seniors

"Friendly Visitor Program, Alzheimer's Day Program."
Location: 490 North Harold Street Fort Bragg, CA 95437
Contact: (707) 961-4310
Website: <u>https://www.rcscenter.org/programs</u> Last Verified On: 02/11/2025

Ukiah Valley Association Habilitation – Rural Adult Program

"The Rural Adult Program (RAP) is a day training service for people with developmental disabilities. All services are designed to help people function as independently as possible." **Location:** 990 South Dora Street Ukiah, CA 95482 **Contact:** (707) 468-8824 **Website:** <u>https://uvah.org/services/rural-adultprogram-2/</u> Last Verified On: 02/11/2025

Ukiah Valley Association Habilitation – Learning Independence from Experience

"L.I.F.E. Services (Learning Independence from Experience) is a service designed to serve adults with developmental or other disabilities and or 18-22 year old students with an I.E.P. in their last year of school who want to be fully included in work and community life." **Location:** 990 South Dora Street Ukiah, CA 95482 **Contact:** (707) 468-8824 **Website:** https://uvah.org/services/l-i-f-e-

services/ Last Verified On: 02/11/2025





ADULT PROTECTIVE SERVICES & PREVENTION

Mendocino County Adult Protective

Services – Ukiah Office Location: 747 S. State Street Ukiah, CA 95482 Contact: (707) 463-7900 24-Hour Toll Free Hotline: (877) 327-1799 Website: https://www.mendocinocounty.org/departments /social-services/adult-aging-services Last Verified On: 02/11/2025

Mendocino County Adult Protective

Services – Willits Office Location: 472 East Valley Street Willits, CA 95470 Contact: (707) 456-3700 24-Hour Toll Free Hotline: (877) 327-1799 Website:

https://www.mendocinocounty.org/departments /social-services/adult-aging-services Last Verified On: 02/11/2025

ASSISTANCE DOGS

Canine Companions for Independence®

"Enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient." **Contact:** (800) 572-2275 **Email:** info@cci.org **Website:** <u>http://www.cci.org/</u> Last Verified On: 02/11/2025 Mendocino County Adult Protective Services – Fort Bragg Location: 764 South Franklin Street Fort Bragg, CA 95437 Contact: (707) 962-1000 24-Hour Toll Free Hotline: (877) 327-1799 Website: https://www.mendocinocounty.org/departments

<u>/social-services/adult-aging-services</u> Last Verified On: 02/11/2025





CAREGIVER SUPPORT & INFORMATION

Mendocino County In-Home Supportive Services (IHSS), Ukiah Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 747 South State Street Ukiah, CA 95482 Contact: (707) 463-7900 24-Hour Toll Free Line: (877) 327-1799

Website:

https://www.mendocinocounty.org/departments /social-services/adult-aging-services/in-homesupportive-services Last Verified On: 02/11/2025

Mendocino County In-Home Supportive Services (IHSS), Willits Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 472 East Valley Street Willits, CA 95470 Contact: (707) 456-3700 24-Hour Toll Free Line: (877) 327-1799 Website:

https://www.mendocinocounty.org/departments /social-services/adult-aging-services/in-homesupportive-services Last Verified On: 02/11/2025

Mendocino County In-Home Supportive Services (IHSS), Fort Bragg Office

"The IHSS program is designed to enable Medi-Cal eligible elderly and disabled individuals to safely remain in their own home with the assistance of a provider. This is a long term service for low income elderly, disabled adults, and disabled children with extraordinary needs who require assistance."

Location: 764 South Franklin Street Fort Bragg, CA 95437

Contact: (707) 962-1102

24-Hour Toll Free Line: (877) 327-1799 **Website:**

https://www.mendocinocounty.org/departments /social-services/adult-aging-services/in-homesupportive-services

Last Verified On: 02/11/2025





DISABILITY & ADVOCACY SUPPORT SERVICES

PG&E Portable Battery Program

"PG&E's Portable Battery Program (PBP) provides no-cost backup portable batteries for eligible income-qualified customers who rely on medical devices to sustain life, live in high firethreat districts (HFTD) and are enrolled in the Medical Baseline and CARE programs. Working in coordination with Community Based Organizations." **Contact**: (559) 214-1190 **Website**: http://pgebatteryprogram.com/index.php/learn-

<u>more/</u> Last Verified On: 02/11/2025

INDEPENDENT LIVING SUPPORT SERVICES

Redwood Coast Regional Center – Ukiah

"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties." **Location:** 1116 Airport Park Blvd. Ukiah, CA 95482 **Contact:** (707) 462-3832 **Website:** <u>http://www.redwoodcoastrc.org/</u> Last Verified On: 02/11/2025

Disability Services & Legal Center

"Providing information, advice and assistance on a wide range of disability- related matters." **Location:** 415 Talmage Rd., Ste. B Ukiah, CA 95482 **Contact:** (707) 463-8875 **Website:** <u>http://mydslc.org/</u> Last Verified On: 02/11/2025

Redwood Coast Regional Center – Fort Bragg

"RCRC offers services and supports for children and adults with developmental disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties." **Location:** 270 Chestnut Street, Suite A Fort Bragg, CA 95437 **Contact:** (707) 964-6387 **Website:** <u>http://www.redwoodcoastrc.org/</u> Last Verified On: 02/11/2025

Community Care

"Community Care is a nonprofit agency that arranges affordable, competent help to enable people with disabilities or illnesses continue to live independently at home." **Location:** 301 South State Street Ukiah, CA 95482 **Contact:** (707) 468-9347 **Website:** http://www.communitycare707.com/default.asp

Last Verified On: 02/11/2025





INDEPENDENT LIVING SUPPORT SERVICES, Continued

Ukiah Valley Association Habilitation

"The primary purpose of UVAH is to help people with disabilities meet their full potential as individuals and productive citizens in our community. We do this by providing a wide range of services, a supportive environment and by educating and involving the community in an effort to integrate people with disabilities into community life."

Location: 990 South Dora Street Ukiah, CA 95482 Contact: (707) 468-8824 Website: <u>http://www.uvah.org/</u> Last Verified On: 02/11/2025

State Department of Rehabilitation

"The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities." **Location:** 625 Kings Court, Ste A Ukiah, CA 95482 **Contact:** (707) 463-4791 **Website:** <u>https://www.dor.ca.gov/Home/WhatWeDo</u> Last Verified On: 02/11/2025

FINANCIAL ASSISTANCE RESOURCES

PG&E Medical Baseline Program

"Assistance program for residential customers who depend on power for certain medical and independent living needs." **Contact:** (800) 743-5000 **Website:** <u>https://www.pge.com/medicalbaseline</u> Last Verified On: 02/11/2025

California Mentor – Family Home Agency

"Programs match individuals who want to be part of the community with nurturing caregivers, who we call Mentors." **Location:** 401 Talmage Rd. Ste. A Ukiah, CA 95482 **Contact:** (855) 636-8672 **Website:** <u>https://www.ca-mentor.com/adultservices/family-home-agency/</u> Last Verified On: 02/11/2025





LEGAL SERVICES

Legal Services of Northern California

"Provide quality legal services to empower the poor to identify and defeat the cause and effects of poverty within our community, efficiently utilizing all available resources." **Location:** 421 North Oak Street Ukiah, CA 95482 **Contact:** (707) 462-1471 **Toll Free:** (877) 529-7700 **Website:** <u>https://lsnc.net/office/ukiah</u> Last Verified On: 02/11/2025

Disability Services & Legal Center

"DSLC Ukiah provides assistance with benefits, housing, legal issues and more for residents of Mendocino and Lake Counties, California." Location: 415 Talmage Rd. Ste B Ukiah, CA 95482 Contact: (707) 463-8876 Website: http://mydslc.org/ukiah-branch-staff/

Last Verified On: 02/11/2025

Mendocino County Public Guardian/Public Administrator

"The Public Guardian / Public Administrator Unit initiates the Court process to invoke and renew conservatorships, handles the affairs of individuals who die without family to administer their estates, and provides case management for conserved persons with mental health disabilities, dementia, or severe frailty." **Contact:** (707) 468-7056

Website

https://www.mendocinocounty.org/Home/Comp onents/ServiceDirectory/ServiceDirectory/293/ 26

Last Verified On: 02/11/2025

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Stroke Association

"The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors." **Stroke Family Warmline**: (888) 478-7653 **Website:**

http://www.strokeassociation.org/STROKEOR G/ Last Verified On: 02/11/2025

Brain Injury Peer Visitor

"Brain Injury Links"

Website:

https://braininjurypeervisitor.org/brain-injurylinks/ Last Verified On: 02/11/2025

Brain and Spinal Cord Injury Resource Center – Legal Help and Resources

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their families to learn more information about medical conditions, rehabilitation, and legal options."

Contact: Phone: (866) 510-5970 Website: <u>http://www.brainandspinalcord.org/</u> Last Verified On: 02/11/2025

Brain Injury Association of America (BIAA)

"BIAA's mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury."

Contact: (703) 761-0750 Toll Free: (800) 444-6443

Website: <u>https://www.biausa.org/</u> Last Verified On: 02/11/2025



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Need assistance? Have a new resource to add? Contact the Population Health Department at (855) 798-8764 or <u>PopHealthOutreach@partnershiphp.org</u>



NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES, Continued

Brain Injury.com

"Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need." **Contact**: (866) 882-7246 **Website:** <u>http://www.braininjury.com/</u> Last Verified On: 02/11/2025

Brainline

"BrainLine offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. BrainLine also provides military-specific information and resources on traumatic brain injury and post-traumatic stress disorder (PTSD) to veterans, service members, and their families." **Contact:** (703) 998-2020

Website: <u>http://www.brainline.org/</u> Last Verified On: 02/11/2025

OTHER RESOURCES

Mendocino County Office of Education – Special Education Local Planning Area (SELPA)

"The mission of the Mendocino County SELPA is to support special education students in achieving a high level of academic/functional performance according to national, state, and local standards. To assure this outcome, the SELPA department will provide information, resources and support to students, parents, and all schools within our county." Inland Location: 2240 Old River Road Ukiah. CA 95482 Inland Contact: (707) 467-5000 Coast Location: 300a Dana Street Fort Bragg, CA 95437 Coast Contact: (707) 467-5060 Website: https://www.mendoselpa.us/ Last Verified On: 02/11/2025

Senior & Disabled Resource Directory Location: Lake & Mendocino Counties Contact: (707) 468-5132

Website:

http://www.seniorresourcedirectory.org/Director y/Index.htm Last Verified On: 04/10/2024

Galt Advocacy

"Galt Advocacy offers full service assistance to those with disabilities and their families. We help guide through the tangle of social services—from application through appeal." **Contact:** (707) 566-7600 **Website:** <u>https://www.galtadvocacy.com/</u> Last Verified On: 02/11/2025

> PARTNERSHIP HEALTHPLAN of CALIFORNIA



RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

"For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units." **Location:** California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460 **Website:**

https://www.parks.ca.gov/?page_id=1049 Last Verified On: 02/11/2025

Free Annual Fishing License

"Available for a person who is blind, developmentally disabled, or mobility impaired. Your first Free Sport Fishing License must be obtained from the CDFW License and Revenue Branch."

Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee

Renewal: Yearly at any license agent. Last Verified On: 02/11/2025

Reduced Fee Annual Fishing License – Disabled Veteran

"Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold." Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee Last Verified On: 02/11/2025

Golden Bear Annual Park Pass

"Entitles the bearer and spouse or registered domestic partner entry to most California State Park operated units where vehicle day use fees are collected at no charge." **Location:** California State Parks Sonoma-Mendocino Coast District Office 12301 North Highway 1, Mendocino, CA 95460 **Website:**

https://www.parks.ca.gov/?page_id=1049 Last Verified On: 02/11/2025

Free Annual Fishing License – Native American

"Available for any American Indian or lineal descendant whose household income does not exceed federal poverty guidelines. The Free Sport Fishing License for Low Income Native Americans is only available at CDFW License Sales Offices."

Website:

https://wildlife.ca.gov/Licensing/Fishing Last Verified On: 02/11/2025

Reduced Fee Annual Fishing License – Recovering Service Member

"Available for any recovering service member of the US military. After you prequalify for your Recovering Service Member Reduced-Fee Sport Fishing License, you can purchase recovering service member licenses anywhere licenses are sold."

Website:

https://wildlife.ca.gov/Licensing/Fishing#44521 417-free--reduced-fee Last Verified On: 02/11/2025





RESPITE CARE INFORMATION

North Coast Opportunities – Redwood Caregiver Resource Center

"The Redwood Caregiver Resource Center helps families and communities master the challenges of caring for adults with brain disorders" Location: 1140 Sonoma Avenue, Suite 1B Santa Rosa, CA 95401 Contact: (707) 542-0282 Toll Free: (800) 834-1636 Website: http://www.redwoodcrc.org/

Last Verified On: 02/11/2025

Konocti Respite Services

"The purpose of Respite is to relieve families of the constant and ongoing responsibility of caring for a family member with a developmental disability. Konocti Respite provides quality Respite Services throughout Lake and Mendocino County." **Location:** 4195 Lakeshore Boulevard Lakeport, CA 95453 **Contact:** (707) 263-3810 **Website:** https://www.peopleservices.org/konocti-respiteservices

Last Verified On: 02/11/2025

VISUAL IMPAIRMENT RESOURCES

Earle Baum Center

"Helps people and families regain confidence, master new skills, contribute to their communities and engage with technology. At EBC we make vital, lifelong connections to lead happy, safe, productive lives." **Location:** 4539 Occidental Road Santa Rosa, CA 95401 **Contact:** (707) 523-3222 **Website:** <u>https://earlebaum.org</u> Last Verified On: 02/11/2025

CDSS Department of Social Services Blind Services

"The Office of Services to the Blind (OSB) provides information and referral on services, programs, entitlements, and products of benefit to individuals who are blind or low vision and their families or service providers. OSB staff assists such individuals in understanding the availability of services, their eligibility for services, and the purpose and scope of the various service programs."

Contact: (916) 657-3327

Website: <u>https://www.cdss.ca.gov/blind-</u> services

Last Verified On: 02/11/2025

Free Slate and Stylus Program National Federation of the Blind

"The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille."

Contact: (410) 659-9314

Website: <u>https://www.nfb.org/programs-</u> services/free-slate-and-stylus-program Last Verified On: 02/11/2025

Free White Cane Program National Federation of the Blind

"The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely." **Contact**: (410) 659-9314

Website: https://www.nfb.org/programs-

services/free-white-cane-program Last Verified On: 02/11/2025



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