

MARIN COUNTY SUPPORT GROUP RESOURCES

Support groups related to youth, adults, seniors, and their caregivers that are available in the county. Please contact the hosting agency for more information and meeting times.

Note: Some services may have changed due to COVID-19, please call to confirm hours and services available



BEREAVEMENT SUPPORT GROUPS

Hospice by the Bay – Grief Support

“A safe place where you can feel comforted and understood, while learning to manage the changes and challenges that come with all types of loss.”

Location: 17 E. Sir Francis Drake Boulevard
Larkspur, CA 94939

Contact: (415) 927-2273

Bereavement Department: (415) 526-5699

Website: <https://hospicebythebay.org/types-of-care/grief-support/>

Last Verified On: 07/22/2020

Compassionate Friends – Marin County Chapter

“Provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild.”

Location: Hillside Church, Lucas Valley
Conference Room
2000 Las Gallinas Ave.
San Rafael, CA 94903

Dates/Hours: 3rd Monday of every month from
7:30 p.m. – 9 p.m.

Website: <http://www.tcfmarin.org/home.aspx>

Last Verified On: 07/22/2020

Helping After Neonatal Death (HAND) Support Group

“Peer support to parents during the grieving after a miscarriage, stillbirth, pregnancy that was wanted but interrupted, or infant death in the first year of life. Third Wednesday of the month.”

Location: Marin Community Clinic
3110 Kerner Blvd,
San Rafael, CA 94901

Contact: (650) 367-6993

Website: <https://handsupport.org/meeting>

Last Verified On: 07/22/2020



MARIN COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

PARENT SUPPORT GROUPS

Marin County Family Support Meetings

“Group of clinical staff and family partners who offer time each week to provide support, guidance, and a safe place.”

Location: 250 Bon Air Road
Greenbrae, CA 94904

Dates/Hours: Every Thursday from 7 p.m. – 8:30 p.m.

Contact: (888) 818-1115

Website: <https://www.marinhhs.org/family-support-meetings>

Last Verified On: 07/22/2020

PERINATAL SUPPORT GROUPS

Young Moms Marin

“A support group that provides parenting and personal support to teen and young mothers, ages 14-27 years old.”

Dates/Hours: Every Friday of the month from 4:30 p.m. – 6:30 p.m.

Contact: (415) 686-3273

Website:

<https://www.facebook.com/youngmomsmarin/>

Last Verified On: 07/22/2020

RESOURCE DIRECTORIES

Marin County Community Resource Guide

Website:

<https://www.marinhhs.org/resources/Care/Support-Groups>

Last Verified On: 07/22/2020



MARIN COUNTY SUPPORT GROUP RESOURCES

**Note: Some services may have changed due to COVID-19,
please call to confirm hours and services available**

SUBSTANCE ABUSE SUPPORT GROUPS

Marin County Alcoholics Anonymous (AA)

24-Hour Helpline: (415) 499-0400

Website: <https://aasf.org/meetings?tsml-time=upcoming&tsml-region=219>

Last Verified On: 07/22/2020

Marin County Narcotics Anonymous (NA)

“Nonprofit fellowship of men and women for whom drugs had become a major problem.”

Contact: (877) 612-7837

Website: <http://www.mcfna.org/meetings>

Last Verified On: 07/22/2020

Marin County Al-Anon/Al-Teen Support Group

“Fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.”

Website: <http://www.marinal-anon.org/>

Last Verified On: 07/22/2020

Marin County Co-Dependents (CoDA) Anonymous Meetings

“Program of recovery from codependence, where each of us may share our experience, strength, and hope in our efforts to find freedom”

Website: <http://www.sfbaycoda.net/Marin.htm>

Last Verified On: 07/22/2020