

LAKE COUNTY SUPPORT GROUP RESOURCES

WELLNESS & SUPPORT GROUPS

Special Needs Advocacy Parent Support (SNAPS)

"We are an organization of parents of special needs children who are committed to helping other parents of special needs children navigate life."

Contact: (707) 278-8401

Website:

<https://www.facebook.com/groups/SNAPSLakeCo>

Last Verified On: 02/01/2025

The Harbor Youth Resource Center

"Harbor Youth Resource Center is a place where transition-age youth can come to find supports and services to help them move from adolescence to adulthood successfully."

Location: 150 South Main Street

Lakeport, CA 95453

Contact: (707) 994-5486

Website:

<https://www.redwoodcommunityservices.org/yr>

Last Verified On: 02/01/2025



Lake County Tribal Health Women's Talking Circle-Middletown

"A gathering to empower the women in our communities, families, and employment. We will learn about and discuss various topics such as: self-care strategies, communication skills, life choices, stress, anger management and topics you feel are important personally."

Contact: (707) 263-8382

Website:

<https://www.lcthc.com/services/human-services/wellness-groups/>

Last Verified On: 02/01/2025

PEER SUPPORT & RECOVERY CENTERS OF LAKE COUNTY

Circle of Native Minds

"Culturally relevant wellness-oriented services to the Native American Community."

Location: 525 North Main Street,

Lakeport, CA 95453

Contact: (707) 263-4880

Facebook:

<https://www.facebook.com/groups/circleofnativeminds/cbhs/?mibextid=6NoCDW>

Last Verified On: 02/01/2025

La Voz de la Esperanza Centro Latino

"The Voice of Hope, is a wellness center that provides culturally relevant wellness-oriented services to community members."

Location: 14092 Lakeshore Drive, Clearlake, CA 95422

Contact: (707) 994-4261

Facebook:

<https://www.facebook.com/groups/1396092077257623>

Last Verified On: 02/01/2025



LAKE COUNTY SUPPORT GROUP RESOURCES

PEER SUPPORT & RECOVERY CENTERS OF LAKE COUNTY, Continued

The Big Oak Peer Center

“The Big Oak Peer Support Center serves as a center of learning for self-improvement and a link to mental health services for the community of Lake County. The Big Oak Peer Support Center provides a positive and supportive environment, for people who may be facing life struggles.”

Location: 13300 East Highway 20, Suite O
Clearlake Oaks, CA 95423

Contact: (707) 998-0310

Website:

<https://www.facebook.com/groups/bigoakpeersupportcenterlcbhs/>

Last Verified On: 02/01/2025

SUBSTANCE USE SUPPORT GROUPS

Alcoholics Anonymous of Lake County

Hotline: (707) 995-3316

Website: <http://lakecountycaaa.com/>

Last Verified On: 02/01/2025

Lake Country Narcotics Anonymous

Website: <https://www.nalakecounty.org/>

Contact: (707) 262-0132

Last Verified On: 02/01/2025

Al-Anon/Alateen Northern California

“Whether you live in Mendocino/Lake County or are just visiting, we welcome you! If you live, or have lived, with the problem of alcoholism in a relative or friend, you have a home in the Al-Anon Family Groups.”

Toll-free Meeting Line: (888) 425 2666

Website: <https://mendo.northernca-al-anon.org/>

Last Verified On: 02/01/2025

CoDependents (CoDa) Anonymous

Website:

<https://coda.org/find-a-meeting/>

Last Verified On: 02/01/2025



LAKE COUNTY SUPPORT GROUP RESOURCES

SUPPORT HOTLINES

Institute on Aging - Senior Intervention Hotline

“Friendship Line has been a vital lifeline for people aged 60 years and older and adults living with disabilities to connect with a caring, compassionate voice ready to listen and provide emotional support.”

Contact: 1 (888) 670-1360

Website: <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

Last Verified On: 02/01/2025

Miracle Friends Program

“Miracle Friends is a phone buddy program for individuals experiencing homelessness.”

Hotline: 800-MISS-YOU

Website:

<https://www.miraclemessages.org/friends>

Last Verified On: 02/01/2025

SUPPORT SERVICES

Dad Support Group – Postpartum Support International

“Our online groups are here to help you connect with other dads who have newborns up to toddlers. Our groups allow you to talk and listen to other dads as they process their experiences.”

Date/Time: First Monday of each month at 5 p.m.

Call-In Number: 1-800-944-4773

Website:

<https://www.postpartum.net/group/dad-support-group/>

Last Verified On: 02/01/2025

Reunion Services – Miracle Messages

“Miracle Messages has reunited over 800 people experiencing homelessness with their loved ones, with an average time separated of over 15 years.”

Website: <https://www.miraclemessages.org>

Last Verified On: 02/01/2025