



# HUMBOLDT COUNTY VISION RESOURCES



**Note: Some services may have changed due to COVID-19,  
Please call to confirm hours and services available**

## VISION SERVICES

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### Vision Service Plan (VSP)

“Refer to your provider directory for a list of contracted vision providers. No referral is necessary.”

**Contact:** (800) 877-7195

**Website:** <https://www.vsp.com/>

Last verified on: 11/18/2022

## VISUAL IMPAIRMENT RESOURCES

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### CDSS Department of Social Services Blind Services

“The Office of Services to the Blind (OSB) provides information and referral on services, programs, entitlements, and products of benefit to individuals who are blind or low vision and their families or service providers. OSB staff assists such individuals in understanding the availability of services, their eligibility for services, and the purpose and scope of the various service programs.”

**Contact:** (916) 657-3327

**Website:** <https://www.cdss.ca.gov/blind-services>

Last Verified On: 11/18/2022

### Free Slate and Stylus Program National Federation of the Blind

“The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.”

**Contact:** (410) 659-9314

**Website:** <https://www.nfb.org/programs-services/free-slate-and-stylus-program>

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## VISUAL IMPAIRMENT RESOURCES

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### **Free White Cane Program**

#### **National Federation of the Blind**

“The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.”

**Contact:** (410) 659-9314

**Website:** <https://www.nfb.org/programs-services/free-white-cane-program>

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### **LightHouse North Coast**

“Headquartered in San Francisco, California, LightHouse for the Blind and Visually Impaired provides education training, advocacy, and community for blind individuals.”

**Location:** 1910 California Street, 3<sup>rd</sup> Floor  
Eureka CA 95501

**Contact:** (707) 268-5646

**Website:** [www.lighthouse-sf.org](http://www.lighthouse-sf.org)

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### **EyeCare America**

“EyeCare America, one of the country’s leading public service programs provides eye care through a pool of more than 4,600 volunteer ophthalmologists.”

**Contact:** (877) 877-6327

**Website:** [www.eyecareamerica.org](http://www.eyecareamerica.org)

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