



Partnership HealthPlan of California Presents: Long-Term Support Services (LTSS)

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Speakers



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Learning Objectives

By the end of this presentation participants should be able to:

| | |
|----|--|
| 1. | Understanding what is Long-Term Support Services |
| 2. | Understanding different Long-Term Support Services available for members |
| 3. | Utilizing PHC Website to access resources for different programs, contracted providers, etc. |
| 4. | Understanding other vital community resources available and ECM exclusion criteria. |



Content

- What is Long-Term Support Services
- Long-Term Support Services Programs and Data
- Long-Term Support Services Overview
 - In-Home Support Services (IHSS)
 - Community-Based Adult Services (CBAS)
 - Long Term Nursing Facility Care
 - Home and Community Based Service
- Other Services
 - Area Agencies on Aging
 - Independent Living Centers
 - Meals on Wheels
- ECM Exclusion Criteria
- PHC Care Coordination Department



Long-Term Support Services (LTSS)

- Millions of Californians covered by Medi-Cal are living with disabling conditions or chronic illnesses and require assistance with common activities of daily living.
- Long-Term Support Services are a patchwork of programs that provide services to help these people.



LTSS Programs and Data

Table 1. Medi-Cal LTSS Programs

| Program | Responsible Entity | Eligibility Criteria | Enrollment |
|---|---|---|--|
| AIDS Waiver | Department of Public Health | <ul style="list-style-type: none"> Written diagnosis of HIV/AIDS Health status appropriate for home care Meets the nursing facility level of care or higher | 1,500* participants were served by 20 providers across 26 counties ⁴ |
| Assisted Living Waiver | Department of Health Care Services (DHCS) | <ul style="list-style-type: none"> Age 21 or older Qualifies for nursing facility level of care but able to reside in a lower-level care setting | 4,685 enrollees across 15 counties ⁵ |
| California Community Transitions Program (Money Follows the Person) | DHCS | <ul style="list-style-type: none"> Has resided in a hospital or nursing facility for at least 90 days Continues to require the level of care provided in an institution Desires to leave the institution and live in the community⁶ | 4,282 enrollees transitioned from 2008 - 2018 ⁷ |
| Community-Based Adult Services | Department of Aging (CDA) | <ul style="list-style-type: none"> Meets or exceeds nursing facility level of care or: <ul style="list-style-type: none"> Diagnosed brain injury and/or chronic mental disorder Moderate or severe cognitive disorder Mild cognitive disorder requiring assistance Developmental disability⁸ | 38,304 enrollees across 27 counties ⁹ |
| Health Homes Program | DHCS | <ul style="list-style-type: none"> Meets chronic condition criteria Meets acuity/complexity criteria | 14,300 enrollees across 12 counties ¹⁰ |
| Home and Community-Based Alternatives | DHCS | <ul style="list-style-type: none"> Qualifies for nursing facility level of care Lives in a hospital or nursing facility or is at risk of institutionalization within 30 days Can safely receive required care in the home or setting of choice | 4,688 enrollees across 51 participating counties ¹¹ |
| Home and Community-Based Services for the Developmentally Disabled | Department of Developmental Services | <ul style="list-style-type: none"> Qualifies for nursing facility level of care Developmentally disabled Regional Center consumer¹ | By December 31, 2022, up to 150,000 individuals are projected to be served by 21 regional centers throughout the state ¹² |
| In-Home Supportive Services | Department of Social Services | <ul style="list-style-type: none"> Be age 65 and older or Disabled or Blind and Live at home or a residence of their own choosing | 630,792 recipients received services from 570,404 providers across the state. ¹³ |
| Multipurpose Senior Services Program (MSSP) | CDA | <ul style="list-style-type: none"> Age 65 and older Qualifies for nursing facility level of care Can be served within MSSP's cost limitations | 10,464 enrollees across 46 counties where the waiver services are available ¹⁴ |
| Program of All-Inclusive Care for the Elderly | DHCS | <ul style="list-style-type: none"> Age 55 and older Resides in a PACE service area Qualifies for nursing facility level of care Able to live safely in their home or community at the time of enrollment | Average of 9,816 enrollees per month ¹⁵ across 15 counties |
| Whole Person Care Pilots | DHCS | <ul style="list-style-type: none"> High-risk/high utilizer² as defined by individual pilots | 161,231 enrollees ¹⁶ across 28 counties ¹⁷ |

LTSS Delivery System Snapshot

- Over 535,000 enrolled In-Home Supportive Services providers
- 23 Program of All-Inclusive Care for the Elderly sites
- 262 Community-Based Adult Services/Adult Day Health Care Centers
- 56 Multipurpose Senior Services Program sites
- 21 Regional Centers
- 380 Assisted Living Facilities (total includes 11 mental health facilities and 2 traumatic brain injury facilities)
- 1,140 certified skilled nursing facilities that accept Medi-Cal²⁰
- 63 Independent Living Centers*²¹

*Independent Living Centers serve people with any disability in a local community. They are designed and operated by a majority of people with disabilities.

Table 2. Distribution of Medi-Cal FFS Spending on Long-Term Care²⁴

| Type of Long-Term Care* | Expenditure (in fiscal year 2018) |
|-------------------------------|-----------------------------------|
| Nursing facilities | \$2,449,859,404 |
| ICF-ID | \$743,481,449 |
| Mental health facilities | \$676,197,984 |
| Home health and personal care | \$12,392,705,186 |
| Total | \$16,262,244,023 |



Main LTSS Services

| PROGRAM | OVERVIEW OF PROGRAM |
|--|---|
| In-Home Supportive Services (IHSS) Link: https://www.cdss.ca.gov/in-home-supportive-services | Help pay for services provided to member so that they can remain safely at home. |
| Community-Based Adult Services (CBAS) Link: https://www.dhcs.ca.gov/services/Pages/Community-BasedAdultServices(CBAS)AdultDayHealthCare(ADHC)Transition.aspx | Offers eligible older adults and/or adults with disabilities to restore or maintain optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization. |



Main LTSS Services

| PROGRAM | OVERVIEW OF PROGRAM |
|---|---|
| Long Term Nursing Facility Care Link: https://www.dhcs.ca.gov/services/ltc/Pages/ConsLTCInformation.aspx | Includes personal care that may occur at a residential care facility or a highly skilled care in a nursing facility. |
| 1915(c) Home and Community-Based Service Link: https://www.dhcs.ca.gov/services/Pages/HCBSWaiver.aspx | Services include case management, community transition services, private duty nursing, family training, home health aides, life-sustaining utility reimbursement, habilitation services, respite care, and other services required to maintain the health and safety of eligible participants in the community setting of their choice. |



In-Home Support Services (IHSS)

- **Types of services authorized:** housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.
- **Eligibility criteria for all IHSS applicants and recipients:**
 - ✓ You must physically reside in the United States.
 - ✓ You must also be a California resident.
 - ✓ You must have a Medi-Cal eligibility determination.
 - ✓ You must live at home or an abode of your own choosing (acute care hospital, long-term care facilities, and licensed community care facilities are not considered "own home").
 - ✓ You must submit a completed Health Care Certification form.





PHC IHSS RESOURCES

COMMUNITY RESOURCES

COMMUNITY RESOURCES

[Findhelp.org](#)

Del Norte County

[Humboldt County Resources](#)

[Lake County Resources](#)

[Lassen County Resources](#)

[Marin County Resources](#)

[Mendocino County Resources](#)

[Modoc County Resources](#)

[Napa County Resources](#)

[Shasta County Resources](#)

[Siskiyou County Resources](#)

[Solano County Resources](#)

[Sonoma County Resources](#)

[Trinity County Resources](#)

[Yolo County Resources](#)



Seniors



Disabilities

- The PHC Website is a great resource for different community resources for the 65+ and Disabilities.
- This is divided by county and this also offers information regarding IHSS contact information and other resources applicable for this population.



Community-Based Adult Services (CBAS)

- **Types of services include:** An individual assessment, professional nursing services, PT, OT, and ST, mental health services, therapeutic activities, social services, personal care, meals, nutritional counseling, and transportation to and from the participant's residence and the CBAS center.
- **Eligibility Criteria:**
 - ✓ Individuals 18 years of age or older and meet specific medical necessity and eligibility criteria
 - ✓ Currently eligible for Medi-Cal under a qualifying primary Medi-Cal aid code
 - ✓ CBAS is a Medi-Cal managed care benefit
 - ✓ CBAS remains a Medi-Cal fee-for-service benefit for a small percentage of individuals who are exempt from Medi-Cal managed care enrollment
 - ✓ ADHC remains a non-Medi-Cal program for individuals who pay "out-of-pocket" for services in licensed ADHC centers, such as, third party payers (e.g., long-term care insurance companies, Regional Centers, or the VA)





PHC CBAS RESOURCES

FIND A PROVIDER

PCP OR SPECIALIST SEARCH

[Basic Search](#)
[Advanced Search](#)

PRIMARY CARE SITE SEARCH

[Basic Search](#)
[Advanced Search](#)

SPECIALIST SITE SEARCH

[Basic Search](#)
[Advanced Search](#)

FACILITY OR HOSPITAL SEARCH

[Basic Search](#)
[Advanced Search](#)

REPORT PROVIDER INACCURACY

* Type of Facility ?

Community Based Adult Services CBAS

Zip Code ?

County ?

-Select-

Show Results Within

-Select-



Facilities

- PHC Website has the Provider directory that could look up the different CBAS facilities that we are contracted with.
- This can be filtered out by county.
- CBAS Facility Name, Address, Contacts, and Hours of Operation are available.



PHC CBAS LIST

| CBAS FACILITY | INFORMATION |
|---|---|
| ADULT DAY HEALTH CARE OF MAD RIVER | 3800 Janes Rd Arcata CA 95521 707-822-4866 |
| DIGNITY HEALTH CONNECTED LIVING | 200 Mercy Oaks Drive Redding CA 96003 530-223-6034 |
| KINGDOM LIVING ADHC | 620 Bercut Dr Sacramento CA 95811 916-444-7700 |
| MARIN ADULT DAY HEALTH CENTER | 1905 Novato Blvd Novato CA 94947 415-897-6884 |
| GOLDEN DAYS ADULT DAY HEALTH CARE CENTER | 1215 Merkley Ave West Sacramento CA 95691 916-371-6011 |
| YOLO ADULT DAY HEALTH CENTER | 20 N Cottonwood St Woodland CA 95695 530-669-3700 |





PHC CBAS LIST

| CBAS FACILITY | INFORMATION |
|---|--|
| COLLABRIA DAY PROGRAM | 414 S Jefferson St Napa CA 94559 707-258-9080 |
| SOLANO ADULT DAY HEALTH CARE CENTER | 100 Corporate Pl Ste D Vallejo CA 94590 707-642-6811 |
| FORTUNA ADULT DAY HEALTH CARE | 1901 California St Bldg A Eureka CA 95501 707-443-9747 |
| HSRC ADULT DAY HEALTH AND ALZHEIMER'S SERVICES | 1901 California St Bldg A Eureka CA 95501 707-443-9747 |
| ALTAMEDIX CORPORATION | 4234 N Freeway Blvd Ste 500 Sacramento CA 95834 916-648-3999 |

Long Term Nursing Facility Care

- This is a health facility that provides inpatient care to ambulatory or non-ambulatory patients who have recurring need for skilled nursing supervision and supportive care.
- These facilities may includes:
 - ✓ Skilled Nursing Facilities (SNF)
 - ✓ Sub-acute Facilities
 - ✓ Intermediate Care Facilities
- When member is admitted to custodial care, TAR would be needed for a 6 month period and reevaluated at 6 month increments.





PHC LTC RESOURCES

FIND A PROVIDER

PCP OR SPECIALIST SEARCH

Basic Search
Advanced Search

PRIMARY CARE SITE SEARCH

Basic Search
Advanced Search

SPECIALIST SITE SEARCH

Basic Search
Advanced Search

FACILITY OR HOSPITAL SEARCH

Basic Search
Advanced Search

REPORT PROVIDER INACCURACY

* Type of Facility ?
Skilled Nursing Long Term Care Facilities ▼
Zip Code ?

County ?
-Select- ▼
Show Results Within
-Select- ▼



Facilities

- PHC Website has the Provider directory that could look up the different Skilled Nursing Long Term Care facilities that we are contracted with.
- This can be filtered out by county.
- Skilled Nursing Long Term Care Facility Name, Address, Contacts, and Hours of Operation are available.



Home and Community-Based Service

Description: Home and Community-Based Services (HCBS) Waivers allow states that participate in Medi-Cal to develop creative alternatives for individuals who would otherwise require care in a nursing facility or hospital. It allows for waiver services to be offered in either a home or community setting. Responsible entity: DHCS.

Programs Includes:

- Home and Community-Based Alternatives
- Home and Community-Based Services for the Developmentally Disabled
- Assisted Living Waiver

Service Providers:

- Licensed and certified Home Health Agencies
- Individually licensed HCBS Waiver Providers
- Unlicensed caregivers





Home and Community-Based Service (Eligibility Criteria)

Home and Community-Based Alternatives

- ✓ Qualifies for nursing facility level of care
- ✓ Lives in a hospital or nursing facility or is at risk of institutionalization within 30 days
- ✓ Can safely receive required care in the home or setting of choice

Home and Community-Based Services for the Developmentally Disabled

- ✓ Qualifies for nursing facility level of care
- ✓ Developmentally disabled
- ✓ Regional Center consumer

Assisted Living Waiver

- ✓ Age 21 or older
- ✓ Qualifies for nursing facility level of care but able to reside in a lower-level care setting





Home and Community-Based Service (PHC Network)

| COUNTY(S) | AGENCY |
|---|--|
| Shasta, Solano, Yolo, Del Norte, Humboldt, Lake, Lassen, Modoc, Siskiyou, Trinity | Home and Health Care Management https://www.homeandhealthcaremanagement.com/hcba-waiver-agency.html |
| Sonoma | Sonoma County Health and Human Services https://sonomacounty.ca.gov/health-and-human-services/human-services/divisions-and-services/adult-and-aging/care-management/home-and-community-based-alternatives-waiver |
| Marin, Napa, Mendocino | DHCS https://www.dhcs.ca.gov/services/ltc/Pages/Home-and-Community-Based-(HCB)-Alternatives-Waiver.aspx |



Home and Community-Based Service (Assisted Living Waiver- Counties)

**Alameda
Contra Costa
Fresno
Kern
Los Angeles
Orange
Riverside**

**Sacramento
San Bernardino
San Diego
San Francisco
San Joaquin
San Mateo
*Sonoma (NorCal
Care, Star Nursing)***

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Other Service: Area Agencies of Aging

Description: Program that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities. Wide array of services are coordinated and they serve as the focal point for local aging concerns. You can locate a AAA in your area by calling 1-800-510-2020.

| COUNTY | PHONE NUMBER | COUNTY | PHONE NUMBER |
|-----------|----------------|-----------|----------------|
| Del Norte | (707) 464-3069 | Lake | (707) 468-5132 |
| Humboldt | (707) 442-3763 | Marin | (415) 457-4636 |
| Lassen | (530) 842-1687 | Mendocino | (707) 468-5132 |
| Modoc | (530) 842-1687 | Napa | (707) 253-4248 |
| Shasta | (530) 223-6034 | Solano | (707) 297-3782 |
| Siskiyou | (530) 842-1687 | Sonoma | (707) 565-4636 |
| Trinity | (530) 842-1687 | Yolo | (530) 392-4182 |



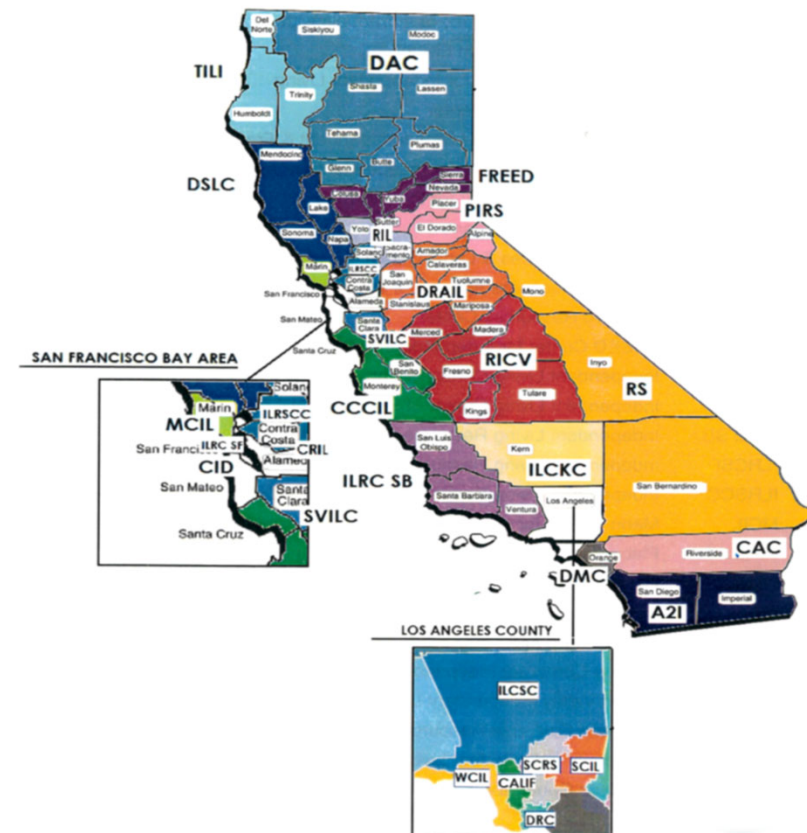
Other Service: Independent Living Centers

Description: Services people with any kind of disability in a local community who can benefit from services. It is designed and operated by a majority of people with disabilities.

8 Core Services: Information and Referrals, Independent Living Skills, Transition and Diversion, Housing, Advocacy, Peer Counseling, Personal Assistance Services, Assistance Technology.

Locator Link: <https://calsilc.ca.gov/independent-locator/>

CALIFORNIA INDEPENDENT LIVING CENTERS





Other Service: Meals on Wheels Program

Description: Supports community based programs across the county that are dedicated to addressing senior isolation and hunger.

Services: Delivery of nutritious meals, friendly visits, and safety checks that enable seniors to live nourished lives with independence and dignity.

Locator Link:

<https://www.mealsonwheelsamerica.org/find-meals>



ECM Exclusion Criteria

The member is currently enrolled in duplicative care management waiver or DHCS demonstration programs will be excluded from ECM, such as:

- Multipurpose Senior Services Program (MSSP)
- Assisted Living Waiver
- Home and Community-Based Alternatives (HCBA) Waiver
- HIV/AIDS Waiver
- HCBS Waiver for Individuals with Developmental Disabilities (DD)
- Self-Determination Program for Individuals with I/DD
- Cal MediConnect
- Fully Integrated Dual Eligible Special Needs Plans (FIDESNPs)
- Program for All-Inclusive Care for the Elderly (PACE)
- Family Mosaic Project 11) California Community Transitions (CCT)
- Money Follows the Person (MFTP)





PHC Care Coordination Department

The Care Coordination Department offers services to assist coordinating for members. This consists of a team of Nurse Case Managers, Medical Social Workers, and Health Care Guides for any questions or needed assistance. Referrals can be made by calling the Care Coordination Help Desk or completing the Care Coordination Referral Form and faxing it to the contact below.

Contact Information - Redding Office

Phone: (800) 809-1350

Fax: (530) 245-0612

Email: CCHelpDeskNR@partnershiphp.org

Contact Information - Fairfield Office

Phone: (800) 809-1350

Fax: (707) 863-4502

Email: CCHelpDeskSR@partnershiphp.org





Questions



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Upcoming Events

- Provider Relations ECM Roundtable Discussions from 12-1 p.m.
 - August 17
 - September 15
 - September 29



Contact Us

Questions?

Contact us: ECM@partnershiphp.org

Eureka | Fairfield | Redding | Santa Rosa





Links

- <https://www.chcf.org/wp-content/uploads/2020/10/MediCalExplainedLongTermServicesSupports.pdf>
- [Program Narrative & Fact Sheets - Community-Based Adult Services \(CBAS\) | California Department of Aging - State of California](#)
- <https://www.dhcs.ca.gov/services/ltc/Pages/ConsLTCInformation.aspx>
- <http://www.partnershiphp.org/Members/Medi-Cal/Pages/Find-a-Primary-Care-Provider.aspx>
- http://www.partnershiphp.org/Providers/HealthServices/Documents/LTC_TAR.pdf#search=long%20term%20care
- <http://www.partnershiphp.org/Providers/HealthServices/Documents/UM%20Forms/Long%20Term%20Care%20and%20Skilled%20Services%20Provider%20Info%20Form.pdf#search=long%20term%20care>
- <https://www.dhcs.ca.gov/services/ltc/Pages/AssistedLivingWaiver.aspx>
- [https://aging.ca.gov/Providers and Partners/Area Agencies on Aging/#pp-map](https://aging.ca.gov/Providers_and_Partners/Area_Agencies_on_Aging/#pp-map)
- <https://www.dor.ca.gov/Home/IndependentLiving>